

St John's Woodbridge and St Andrew's Bredfield



Discovering God and Sharing the Love of Jesus

Romans 6: 12 - 23

29th Do not let sin reign in your mortal body

We are called to live a holy life, turning away from all that would come between us and God. Pray for Charles and Kate. Pray for those affected by the continuing wars across the globe. Pray for peace in the Middle East. Pray for those in or affected by domestic violence. Pray for the Hub.

30th Offer yourselves to God...brought from death to life

Sit and think of the love that Jesus showed by his sacrifice on the cross. Pray that we can be effective in reaching out to young and old with the love of Jesus. Pray for Toddlers at St Johns. Pray for our work with children and families. Pray for the Prayer Times at St Johns this week.

1st You are not under law but under grace

We are called to tell people about Jesus and his saving grace. Pray for God's word to be heard throughout the world. Pray for the world, the United Nations and national governments. Pray for our own government. Pray for those seeking to bring humanitarian aid wherever it is needed. Pray for deliverance for those caught up in human slavery and trafficking. Pray for the organisations tackling these problems.

2nd Thanks be to God...you have been set free from sin

Give thanks that through our Lord Jesus our sins are forgiven, as we confess and repent of them. Pray for those who are struggling to make ends meet and organisations trying to help them. Pray for prison ministry in its various forms and that those in prison will turn to the Lord.

3rd The gift of God is eternal life in Christ Jesus our Lord

Spend a few minutes in contemplation of God's wonderful gift to us. Pray that we will be bolder in reaching out to those around us. Pray that we will persevere in reading and learning from God's word, obeying and seeking his direction for our lives. Pray for the Ladies Evening on Saturday and our opportunity to meet the church architects after the service on Sunday.

Weekend: Pray for your family, your neighbours and loved ones

Romans 7: 15 - 25

6th I do not understand what I do

Pray for a greater awareness through the Spirit of the impact of our decisions. Pray for the pastoral care within our churches. Pray for our churchwardens and the PCCs. Pray for the arrangements for the Sizewell Holiday. Pray for the efforts to combat climate change. Pray for those affected by conflict in the world. Pray for the Hub.

7th I have the desire to do what is good...

Ask the Lord to help you to set aside what is not what he wants us to do. Instead seek his will. Who can you tell of the Lord's great love for them? Pray for those who find it difficult to accept God's love. Pray for Christian Aid and its work throughout the world. Pray for **Toddlers at St_Johns**. Pray for our children and young people. Pray for the Children's Society. Pray for Ukraine and an end to the war.

8th In my inmost being I delight in God's law

Give thanks for the guidance we receive from God's law and commandments. Pray that all you say will give joy to the Lord and encourage others. Set a time to sit quietly each day, so that the Lord can speak into your heart. Give thanks and pray for those who preach the gospel. Ask our Father to help us listen to the concerns of those around us. Pray for those whose health investigations and treatment have been delayed.

9th Who will rescue me from this body of death?

Spend some time in worship of our Lord and our salvation through his sacrifice. We need to tell our friends and neighbours of the great joy of knowing and following Jesus. Pray that we will be open to God's guidance and be prepared to share his good news. Pray for those God has placed on your heart. Pray for our office staff and volunteers. Pray for our Life Groups. Pray for Just42.

10th Thanks be to God – through Jesus Christ our Lord

Give thanks for God's love. God comes alongside us and supports us when we call upon him, but we need to give him time and space. Pray for the healing of relationships and hurts, some of these due to historic or current racial or domestic abuse. Pray for the emergency services. Pray for the Men's Breakfast. Pray for the services on Sunday.

Weekend: Pray for your family, your neighbours and loved ones

Romans 8: 1 - 11

13th Therefore there is no condemnation for those who are in Christ Jesus

Offer to the Lord anything that disturbs your sense of peace and ask for his healing touch on your life. Pray that we will be a church that welcomes all. Pray for peace in the Middle East. Pray for peace in Ukraine. Pray for the work Tear Fund. Pray for the Hub. Pray for our government and that decisions made will be for the benefit of all.

14th Those who live in accordance with the Spirit have their minds set...

Pray that our minds are set on the things of the Spirit. Pray that Jesus will be welcomed in our homes and those of our family and friends. Pray for our Mission Partners – David and Manuela, John and Gillian and their families. Pray for **Toddlers at St Johns**. Pray for all our ministry to families and children. Pray for healing of any broken relationships. Pray for the recruitment of a Youth Pastor.

15th The mind controlled by the Spirit is life and peace

Welcome the Holy Spirit into your life and that of our churches. Give thanks for all that we have heard about our Saviour and his sharing all aspects of our humanity. Pray that we will value and support one another. Pray for the hungry and homeless and those who seek to help them. Pray for those affected by war, earthquakes, forest fires, floods and other catastrophic events. Pray for the Wednesday congregation.

16th You are controlled ...by the Spirit, if the Spirit of God lives in you

Open your heart and your voice in praise and thanks for your salvation. Pray for those who are fearful for the future. Pray for those struggling with pain and disability or struggling mentally or financially that they will be able to access appropriate help especially for debt counselling. Pray for young people seeking employment. Pray for the Bible Society.

17th If Christ is in you...your spirit is alive because of righteousness

Spend some time lifting your voice and your heart in praise, glorifying our God and Saviour. Let God fill you with joy in his presence and the desire to share that joy with those around us. Pray for yourself and the people of our benefice that we can step out in faith, empowered by the Holy Spirit. Pray for the Woodbridge Regatta.

Weekend: Pray for the protection of your family and friends

Romans 8: 12 - 25

20th Those who are led by the Spirit of God are sons of God

Spend some time quietly to allow this truth to sink into your soul. Pray for Suffolk County Council and East Suffolk District Council, for their work and that decisions made will be to the benefit of all. Pray for the Hub. Pray for those who live or work in residential or care homes in this area. Pray for those receiving end of life care. Pray for the CPAS.

21st If we are children, then we are heirs...

Pray that we will know how much God loves us and that he offers forgiveness to those who come to him in repentance. Pray that we can share this message with those around us, at home and in Woodbridge. Pray for Toddlers at St Johns. Pray for growth of the ministry in our benefice to children and young people. Pray for the NHS, social care and our medical centres. Pray for Open Doors.

22nd The creation waits in eager expectation

We must repent on behalf of mankind for the way we have mistreated God's creation. Pray for a greater awareness of environmental issues. Pray for Woodbridge and Bredfield, those who live and work here. Pray for Churches Together that we can find ways to support one another in sharing the love of Jesus.

23rd We ourselves...groan inwardly as we wait eagerly for our adoption...

Pray for the coming of God's kingdom. Pray for our Life groups in their sharing the Bible, in praying, in sharing and in caring for one another. Pray for those in our congregation who are unable to join a Life Group or have yet to find one.

24th If we hope for what we do not yet have, we wait for it patiently

Spend some time in the worship of God the Father, Jesus the Son and of the Holy Spirit. Pray that our love for one another will flow into the community. Pray for the ministry of healing and for sensitivity towards those struggling with long term ailments. Pray for our farmers, those involved in agriculture and those involved in food production. Pray for the Sunday services.

Weekend: Pray for the protection of your family and friends

Romans 8: 26 - 39

27th We do not know what we ought to pray for, but the Spirit himself intercedes

Allow the Spirit to prompt you in your prayers. Is there someone you can tell of all that God has done in your life? Ask Him to give you the opportunities and the words to say. Pray for the world and for God's will to be done. Pray for the Hub.

28th In all things God works for the good of those who love him

Are we open to hearing God and responding to him? Lift your voice in praise to our God and Saviour. Pray for Charles and Kate and all who minister God's word in our benefice. Pray for Toddlers at St Johns and our ministry to children and young people.

29th If God is for us who can be against us?

Give thanks that through Jesus we have become part of God's family and he cares for us. Pray for the homeless and the hungry. Pray for the Woodbridge food bank and for the Salvation Army as they work to support them.

30th Who shall separate us from the love of Christ?

Pray that we and those we love will be protected from following or believing false teaching or media trends. Give thanks to God for Jesus and all he taught us through his words and actions. Pray for our government at national and local levels and the decisions made.

31st For I am convinced that neither death nor life...or anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord

Praise the Father and the Son for the truths expressed in these words. When we come to the Lord and confess where we have done wrong, or missed doing right, he forgives us and restores us. Pray for the emergency services, health professionals and give thanks for their dedicated service. Pray for the services on Sunday.

Bible quotations are taken from the New International Version (NIV).